

# Roots for Life



Newsletter January 2018

## Namaste!

And here he is, the January newsletter.

Great news from the last two months await you!

We are thrilled that Sushila Khadka and Lhamu Khadka, two young women from Chyangsar, are planning to become Social Workers and get their education from our partner [Social Work Institute](#). The construction of the village is supported by its own residents - that's how it should be, in the sense of sustainable development!

As Sushila and Lahmu train, the construction of the training farm in Chyangsar continues. After delays through the election in Nepal, everything goes on swiftly.

All our stipendiaries in Chyangsar and Thade have been equipped with winter jackets by Roots for Life. Now we can be sure that the girls are wrapped up warm. In addition, they also received a special gift.

Two important days of action took place during the last two months. On 25th of November 2017 the [International Day for the Elimination of](#)

[Violence against Women](#) and on 10th of December 2017 the [International Day of Human Rights](#). Many women and girls are still exposed to violence and their human rights are not respected. With our projects, we want to make a contribution to strengthen the rights of women and girls!

We also have a TV tip for you: Menuka Tapa of Raksha Nepal was interviewed for the programme *Orientation* (On Austrian TV-Channels ORF 2 / ORF III) on the situation of women and girls in Nepal. [Watch it here.](#)

Our campaign [Vegetables for the brain](#) is now over, a big thank you to all who participated!

Our initiatives change the lives of these people sustainably. We thank all our sponsors and supporters who make this possible. Find out all the details from our projects in this newsletter and on our [website!](#)



## From our projects

### [Village development Chyangsar](#)

#### **Training from Social Work Institute**

Sushila Khadka, who has long been our contact and coordinating person for the Women's Agricultural Cooperative, and Lhamu Khadka, another young woman from Chyangsar, have decided to become social workers with our

partner SWI. We will support them on their way! [More...](#)



## Every decision is taken together

The Women's Agricultural Cooperative is in authority, we support them in their decisions. Construction talks still have to take place in the greenhouse, but for such occasions, there will be the [training hall](#) in the future. [More...](#)



## **Stones are the foundation**

All building materials come from the region. Of course - a long transport would extend the construction time a lot. It is especially important that there is a local value creation, the villagers are fully involved in the construction. [More...](#)



The exact spot of the [farmbuildings](#) is clear. First, measurements are



...and then there are the first walls!

made...



A big problem in Nepal's mountain villages: malnutrition. Why? [More...](#)



## **Compost production runs smoothly**

Along with the ground for the training farm, the Women's Agricultural Cooperative has also leased a piece of land. Here they can collect enough foliage for compost. [Mehr...](#)



## We wish a good night!

For a long time, our stipendiaries had to share a bed with their siblings. Now they have their own mattresses, which allow them a healthy sleep and more privacy.

[More...](#)



## Our stipendiaries are warm now

In winter it gets very cold in Nepal's mountains. We provided our [stipendiaries in Chyangsar](#) with thick jackets. Also brought a little surprise: hand puppets from the workshops of [Epsa Nepal](#) and Teddies by Lena Kremser! [More...](#)

## [Village development Thade](#)

### The toilet buildings are standing!

The [election in Nepal](#) caused some delays in construction, but now everything went quick. After the [old school was destroyed](#) by the earthquake in 2015, the new buildings and above all, safe toilets for women and girls can be rebuilt thanks to the help of Soroptimist International Union Switzerland and France, among others.



Some toilets have already been delivered and installed.



## Winter jackets and teddies for Thade

Also our stipendiaries from Thade got warm jackets and teddies.

[More...](#)



## Care Center and Drop-In Pokhara



## Two girls tell their story

[Binita](#) and [Vanita](#) (Name changed) live in Opportunity Village in Pokhara. In two letters they tell how dangerous and hard life can be for many girls in Nepal.

# Roots for Life - Backstage

## Visiting EPSA Nepal

During the Nepal project trip, we also visited a workshop for handicapped women in Kathmandu and were enthusiastic about the initiative. [More...](#)



## Vegetables for the brain

We thank all [donors](#) who took part in the campaign [vegetables for the brain](#). The women of Chyangsar can use the money to buy seeds and seedlings to provide their families with healthy vegetables.



*Copyright © Roots for Life 2017. All rights reserved.*

**Our mailing address is:**  
office@rootsforlife.info

You can cancel this newsletter at any time here:  
[unsubscribe from this list](#)

Roots for Life - Wurzeln zum Leben  
c/o Carola Gosch  
Peterstalstraße 12  
8042 Graz  
Austria

---

This email was sent to <<Email Address>>  
[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)  
non profit association · Peterstalstraße 12 · Graz 8042 · Austria

