

# Roots for Life



Newsletter September 2018

## Namaste!

**We hope you had a sunny summer and could recover well. In Nepal it still rains almost daily - it is monsoon time. Due to power cuts, flooded roads and landslides, work and communication is difficult during this period. Nevertheless, there is some news - especially from Chyangsar.**

More and more inhabitants of Chyangsar no longer have to sleep in emergency shelters. Aid money from the government has finally arrived in the village. The women also received materials for greenhouses. On the farm we continue to work and do trainings. We can also accept a new scholarship holder from Chyangsar!

The Shree Sarawati L.S. School in Thade now has a first floor, safe stair railings and balconies. The scholarship holders and all other students are happy about the new building. For our sponsors [Soroptimist International Switzerland](#) and [Soroptimist Int Union Française](#) it is a special pleasure that the colours of the school are SI-conform (blue and yellow).

["My Book Buddy"](#) has been running for a year now. As part of the [Soroptimist International of Europe](#) project, the Shree Janabikas Secondary

School was equipped with age-appropriate books. Together with [Soroptimist Wien Vivata](#) and [Soroptimist Kathmandu, Nepal](#), Carola Gosch supported the project. The aim was to make the children more interested in reading. And it worked!

Soroptimist International Club Wien Vivata supports the girls in Thade with scholarships and helped one of them in a crisis situation. Thank you!

The vernissage "Nepal in Counterpoint" was a wonderful evening. Photographer Tomás Martínez presented pictures taken during the Nepal project trip. For the benefit of Roots for Life some copies (only 5 certified unique copies each) could be sold. 100% of the money goes to the apple orchard project. Roots for Life thanks Tomás and all guests!

If you are interested you can buy pictures directly from RfL. We are looking forward to your inquiries!

## Godparents wanted!



**Currently, Roots for Life cares for 30 children. 21 godparents support us in this. Now we also want to support girls in Ghunsa and further expand the village development concept in terms of local synergies.**

## **Our goal is to support 35 girls by the end of 2018.**

From an early age, many girls in Nepal have to take on a large number of household duties. Whether the girls can go to school or not is of secondary importance. Many can hardly read and write, they are just important as workers.

Due to the poverty of their families, many girls in rural areas are still married very early, even at the age of 12 to 16. There they live together with a (often much older) man whom they almost do not know and also have to run the household under the strict supervision of their mothers-in-law.

Only through education is it possible to break this cycle: without education, young women are dependent on their husbands and their families. If he dies or leaves them, they have hardly any chances. Sometimes they are also chased away by their husbands or parents-in-law when they give birth to a girl. But even when they are married, they often do not get out of poverty: the mothers then have to decide whether they want to feed their children or send them to school. These children then have just as few chances as their mothers.

**With a scholarship we want to give these girls the opportunity to get out of the cycle of poverty.**

**Help them and become a godmother or godfather!**

**Just send an email to [office@rootsforlife.info](mailto:office@rootsforlife.info) and we will send you all the information you need.**

Our initiatives change the lives of these people sustainably. We thank all our sponsors and supporters who make this possible. Find out all the details about our projects in this newsletter and on our [website!](#)

Would you also like to support us? Just click [here](#) or transfer directly:

Wurzeln zum Leben - Roots for Life  
"Project name (if specifically requested)  
IBAN AT59: AT59 5800 0205 9986 9019  
BIC: HYPVAT2B  
Hypo Vorarlberg



# Information



## Rainy season

The monsoon has Nepal firmly under control at the moment. This makes communication and work quite difficult.



In these times, travelling between villages and cities is particularly dangerous. Whole streets turn into rivers!



## Book-Buddy-Balance

The children had a lot of fun reading and also some parents could be motivated!

# From the projects

Village development Chyangsar

# New houses in Chyangsar

After three years the families in Chyangsar finally [got money from the government](#) to rebuild their houses.

The residents agreed with Roots for Life that they would slightly put back the construction work on the farm buildings in order to work on their own houses.



In addition, the women also received [tarpaulins and other materials](#) for the construction of greenhouses.



Thanks to the training farm, the women of the cooperative know well how to use their help!

## No toilet no bride

Daughters should no longer be married to men who do not have a protected and safe toilet in or near their home. [This Indian campaign](#) from 2009 hits the nail on the

head! Also in Chyangsar there will be safe toilets on the farm, which the women can use not only during the trainings.



## A living fence

When the residents are not building their houses, they [collect prickly plants in the forest and replant them](#) around the farm. This is to prevent animals from eating the vegetables.



## Spring harvest already completely sold

We are happy that the [sale is so successful!](#) In planning is also the deal with surrounding lodges (guesthouses), therefore the women continue to cultivate plants diligently.

## Permaculture in Chyangsar



An expert gave the women a first insight into this special type of vegetable cultivation.



One of the women of the village was chosen by the cooperative to live in the farmhouse. She will look after the house and the grounds, take care of the oxen and the greenhouses. This is one of the important tasks to keep the farm running and to spread the knowledge in the village.

## Moving into the farmhouse

May we introduce: Inna Maga, the new housekeeper!



## Being successful together

Together with the Social Work Institute, the women develop in "[management trainings](#)" what is necessary to lead a cooperative. In the trainings, financed by FairStyria, they learn everything about accounting, principles and decision making.

## A new scholarship holder

Little [Aruna is our youngest addition](#). Her mother was on her own until now and there was not much money left for Aruna's school education. Now Roots for Life takes over the costs.



## Cheese foot free

For all scholarship holders there were [flip-flops and light shoes](#) for the summer time. They are more comfortable in warm weather than rubber boots!



## Ready to fight for their right!

From our Chyangsar scholarship holders in Kathmandu we received great photos of their [Taekwondo training](#).



For the girls Taekwondo is more than just a hobby. They not only learn to stand up for themselves and gain self-confidence, but can also, if necessary, strike at the right moment!

[Village development Thade](#)



## SI Wien Vivata for scholarship holders from Thade

The club supported a girl from Thade in a crisis situation and now covers the costs for two more girls. In addition, two club members are financing a scholarship for each girl privately.



## Construction progress & umbrellas

The children are happy that the school has now been earthquake-proofed and has wide balconies and railings.



Staff member Kusang Tamang went to Thade to inspect the building and delivered umbrellas, shoes and chic RfL training suits for the summer time to the scholarship holders.

# Roots for Life - Backstage



## Nepalin counterpoint

The [exhibited pictures](#) have been produced with a noble printing process (cyanotype). The paper used comes partly from Nepal and is handmade. Tomás Martínez shows the production process in a [video](#).



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