

# Roots for Life



Newsletter November 2018

## Namaste!

**An eating mouth is not stopped by the mustache. Please, what does that mean? Perhaps "Where a will is a way" seems more familiar to you. The Nepalese version of the proverb takes a little getting used to, but describes exactly how we feel when we can say: The school in Thade is finished! - Enjoy reading the newsletter.**

The women from Chyangsar are doing more and more training and are also working together with women from the village of Ghunsa. There Roots for Life has now officially started a second farm project together with [Chay Ya](#) Austria. Many thanks at this point to the province of Vorarlberg for their generous support.

The inhabitants of Chyangsar have now not only received money from the government for building houses but also for closed stoves. The administration is not always easy for President Sushila Khadka. Meanwhile the operation on the model farm continues like clockwork - this year especially many tomatoes were cultivated.

We would like to point out some **important dates:**

On 25.11. the campaign [16 days against violence against women](#) begins.

From 15.11. to 10.12 the film days on the right to food [Hunger.power.profits.](#) will take place in all Austrian provinces.

Carola Gosch on Nepal project trip again from 30.11.-15.12.

The women's cooperative is growing and now has its own [Facebook page](#) to report on its activities.

Roots for Life supported one of the girls from Ghunsa with an important eye operation: It had to be done very fast, even longer without treatment and she would have lost her eyesight completely. Fortunately, we became aware of her through our new project in Ghunsa. Kusang Tamang took her to every doctor's appointment, she got warm clothes and made friends with Kusang's daughters. :)

**So that we can look after the girl from Ghunsa even further and include many more scholarship holders from her village in our programme, we absolutely need godmothers and godparents!**  
[Children's marriages continue to rise due to poverty.](#) **No girl should not be able to go to school due to lack of money! Every girl should receive the medical care she needs!**

**You too can help:**  
**Take over a godparenthood for  
Christmas!**



**Currently, Roots for Life cares for 30 children. Now we also want to support girls in Ghunsa and further expand the village development concept in terms of local synergies. Our goal is to support 35 girls by the end of 2018.**

From an early age, many girls in Nepal have to take on a large number of household duties. Whether the girls can go to school or not is of secondary importance. Many can hardly read and write, they are just important as workers.

Due to the poverty of their families, many girls in rural areas are still married very early, even at the age of 12 to 16. There they live together with a (often much older) man whom they almost do not know and also have to run the household under the strict supervision of their mothers-in-law.

Only through education is it possible to break this cycle: without education, young women are dependent on their husbands and their families. If he dies or leaves them, they have hardly any chances. Sometimes they are also chased away by their husbands or parents-in-law when they give birth to a girl. But even when they are married, they often do not get out of poverty: the mothers then have to decide whether they want to feed their children or send them to school. These children then have just as few chances as

their mothers.

**With a scholarship we want to give these girls the opportunity to get out of the cycle of poverty.**

**Help them and become a godmother or godfather!**

**Just send an email to [office@rootsforlife.info](mailto:office@rootsforlife.info) and we will send you all the information you need.**

Our initiatives change the lives of these people sustainably. We thank all our sponsors and supporters who make this possible. Find out all the details about our projects in this newsletter and on our [website!](#)

Would you also like to support us? Just click [here](#) or transfer directly:

Roots for Life - Roots for Life

"Project name (if specifically requested)

IBAN AT59: AT59 5800 0205 9986 9019

BIC: HYPVAT2B

Hypo Vorarlberg



## Information



## Project trip December

Soon Carola Gosch leaves again to visit the Roots for Life projects in Nepal! After a looong flight there is already a dense program waiting, but we are looking forward to it.

**16**  
**TAGE**

**GEGEN  
GEWALT  
AN FRAUEN  
25.11. – 10.12.**

## Orange the world!

From 25.11. to the International Day for Human Rights on 10.12., the topic will be the focus of special attention. Flags will be hoisted and public buildings will be illuminated in orange to draw attention to the many

events, workshops and discussion rounds. In Austria, the actions within the framework of this week will be implemented mainly by the Soroptimists and HeForShe Graz. More information about events and the background of the action can be found on the [website of UN-Women](#).

## From our projects

### [Woman's group Ghunsa & Chyangsar](#)



### Project in Ghunsa has started

Together with [Chay Ya](#) Nepal we are now starting the village development project in Ghunsa. Similar activities as in [Chyangsar](#) are planned, we want to foster synergies. [More...](#)





## Learning together

The women from Ghunsa also took part in training courses in Chyangsar for the first time. (Better) learning to read and write was one of the most important concerns of the women from the two villages. [More...](#)



## Rfl Action - Eye surgery



Mother and daughter were now [accompanied by Kusang Tamang](#)

## for Ghunsa girl

One of the girls in [Ghunsa](#) was born almost blind.

[to the hospital Kathmandu](#) to get the necessary therapy. The operation was a success! [More...](#)



## Women's cooperative goes Social Media

For the first time the general assembly of the women's cooperative could take place in its own training hall! The cooperative now has its [own page on Facebook](#).

## [Village development Chyangsar](#)

### Soot get out

The Nepalese government is now helping the residents to buy closed stoves. So far, almost everyone has cooked on open fireplaces (in the house!), which has caused problems with eyes and lungs. Sushila Khadka and Kusang Tamang take care of the realization. [More...](#)



## More and more tomatoes

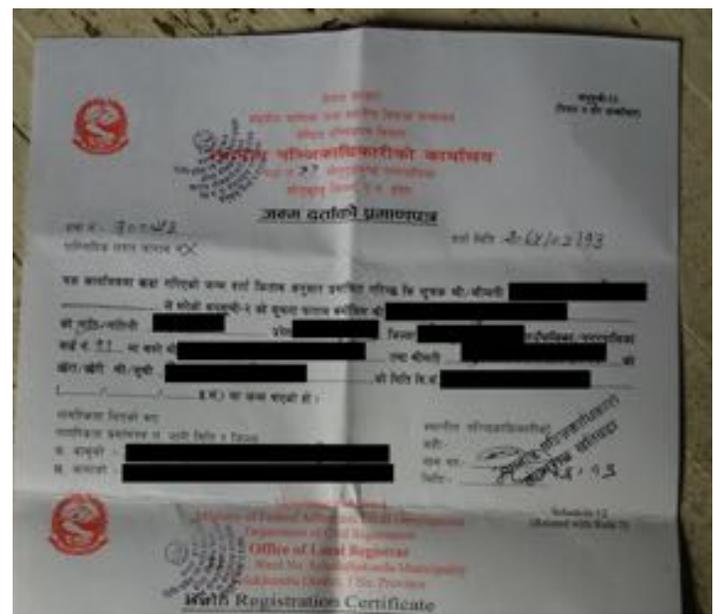
On the [model farm](#) more and more



plants are cultivated outside the greenhouses. The women have now started to plant larger quantities of tomatoes in particular. In the future, they will be able to process them well: For example, they can dry them in the sun or produce chutney.

## Important documents for scholarship holders

We make sure that all our scholarship holders have the important documents such as birth certificates and proof of citizenship. [More...](#)



[Village development Thade](#)



## School construction completed!

Together with [Chay Ya Nepal](#) and [Chay Ya Austria](#) and the children from Thade we are very happy: The school is now finished! It is already being learned and played diligently. Many thanks again to [Soroptimist International Switzerland](#) and [Soroptimist Int Union Française](#) who made the construction of the three missing classrooms and the toilets and showers possible. [More...](#)



## Safe toilets and washing facilities ready for use

The sanitary facilities can already



be used!



They are not far away from the school building. This is to make it easier for girls to attend school, as the cabins are lockable and gender-separated. [More...](#)

## Shopping for the private school

While scholarship holder Purpo is studying for her exams, Kusang Tamang is buying everything she needs for the new school in Kathmandu.

The private school has stricter dress regulations and a higher level than the school in the village.

Will Kusang have chosen the right things? [More...](#)



## [Support centre & contact point Pokhara](#)

### **Report from the Village**

Our project partner in Pokhara the "Opportunity Village Nepal" regularly sends reports of their work with the children. This time the focus is on mental and physical health. [More...](#)



## **Roots for Life - Backstage**



### **Meeting with Soroptimist President Elect Sharon Fisher**

On behalf of [Soroptimist International Switzerland](#) and [Soroptimist Int Union Francaise](#), but also for the presidents appeal, we could present a cyanotype picture of a Nepalese girl to the president elect Sharon Fisher. It was taken by [photographer Tomás Martínez-Soldevilla](#), who accompanied Carola Gosch to Nepal in March 2018. Sharon Fisher was in Vienna for

several UN events, where she represented the interests of women, especially in countries such as Nepal. [More...](#)



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Roots for Life - Wurzeln zum Leben

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