



## Scholarship Information

### Namaste!

Getting up, cooking, cleaning, cutting grass, feeding the animals and caring for the little brother, if possible go to school: For many young girls in Nepal this is the everyday life. From an early age, they have to do many household chores, while their brothers tend not to care about anything. Whether girls can go to school or not is secondary, their education is not considered important. Many can hardly read and write, they are important only as a workforce.





Alone with a strange family: Many girls in rural areas are still married very early, already at the age of 12 to 16 years, because of poverty of their families. There they live together with an older man, whom they almost do not know, and also have to run the household under the strict supervision of the mother-in-law. Only through education it is possible to break this cycle: Without education the young women are dependent on their husbands. If he dies or leaves them, they have little chance. Some of them are also chased away by the husband or parents-in-law when they give birth to a girl. But even married girls and women often do not come out of poverty: they must then decide whether they prefer to feed their children or send them to school. These children then have as few opportunities as their mothers.

**With a scholarship from Roots for Life, the girls have the opportunity to take their lives into their own hands! An education allows them a way out of poverty into independence.**



Through a scholarship of 30 euros per month, the girls of the Roots for Life program are provided with everything. The money does not just cover school uniforms, notebooks and



books as well as school dinners. We also make sure that the girls are dressed warmly in the winter and determine in personal contact what they need to develop well. We support girls in the villages of [Thade](#), [Pokhara](#) and [Chyangsar](#).

It is always important to closely observe the family situation: How are the girls at home? How much do they have to work? How are they treated by their (step) fathers? Do they visit the school regularly? All these factors are important in order to support and protect them. In crisis situations, Roots for Life intervenes with our local psychologist or responsible school director.





Support a girl with a scholarship and give her perspectives, self-esteem and a future. You want to be godmother/godfather?  
Contact us for more information: [office@rootsforlife.info](mailto:office@rootsforlife.info)





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Roots for Life - Wurzeln zum Leben

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