

# Roots for Life



Scholarship Newsletter February 2019

## Namaste!

**Twice a year you will be informed as godmother or godfather of the girls from Chyangsar, Thade, Ghunsa or Pokhara in your own newsletter about what could be achieved with your donation for the scholarship holders.**

For new sponsors we recommend to have a look at the sponsors letter of August. Here we explain how Roots for Life works with the girls.

[Letter of sponsors August 2018](#)

In the [sponsorship letter of February 2018](#) you can find out everything about the scholarship holders in the first half of last year.

We want to use the money of the sponsors particularly effectively and efficiently. We have developed a process with Kusang Tamang on site: Through regular meetings with the parents (especially mothers), teachers and the girls themselves, the life situation of the scholarship holders will be accompanied in a sustainable way.

It is not our intention simply to send money to Nepal. Roots for Life is in close contact with the girls and their families, listens to what they have to say, looks where there are private problems. This is the only way to ensure that the sponsorship has a long-term benefit. Depending on the case, the girls are looked after and advised even after the end of compulsory schooling.

Would you like to take on other scholarship holders or increase your contribution?  
Then send us a short email to [office@rootsforlife.info](mailto:office@rootsforlife.info)

Do you know someone who would like to take over a sponsorship?  
Then we would be happy if you forward this email!

We accept sponsorship contributions under these account data:

Roots for Life - Roots for Life  
"Scholarship"  
IBAN: AT59 5800 0205 9986 9019  
BIC: HYPVAT2B  
Hypo Vorarlberg

## [Chyangsar - 12 Scholarships](#)

Roots for Life developed an overall concept for the village of Chyangsar in order to promote the sustainable development of individual villages. At their own request, the women receive training in sustainable, organic vegetable cultivation, and fields are rented and cultivated. In this way they can better provide for themselves and their families. Subsequently, a cooperative was founded so that they could act as a united group vis-à-vis authorities and contract partners.

Scholarships are awarded to girls whose school attendance would be endangered without our support.



Susila Khadka and Lhamu Khadka successfully complete a one-year training as social workers in Kathmandu.



They are already working on RfL projects with the Social Work Institute and Kusang Tamang.

[More...](#)

Susila Khadka (in the picture on the right) was already an RFL scholarship holder at school. Now she has been president of the women's cooperative in Chyangsar for quite some time. [More...](#)





In the rainy season all girls get rubber boots, in summer sneakers and flip-flops. They also get warm clothes for the cold season. [More...](#)



At the end of 2018, all girls have their important official documents that they need to be secure and start an education. [More...](#)



## Thade - 5 Scholarships

Menstruation is a big taboo in Nepal. No privacy or no sanitary facilities are sometimes a reason why girls often stay away from school. In Thade, Roots for Life supported the construction of toilets and showers for girls. We also built three classrooms with the help of our partner Chay Ya Nepal. All this with the help of Soroptimist International Union Switzerland and France! Together with the school management we determined which girls need a scholarship the most.



The school building of the scholarship holders as well as gender-separated toilets and showers...



...could be completed and officially inaugurated. [More...](#)



The school was also equipped with food supplies....



...and a rice cooker for lunch.

[More...](#)



It was also tried out immediately.



And the kids liked it! [More...](#)



During the rainy season, the scholarship holders were given umbrellas and new tracksuits.

[More...](#)



In addition, as with every visit, there were intensive discussions with the mothers. [More...](#)

Due to a danger at home, a girl is now continuing her education in Kathmandu. The "Life Vision



Academy" in Kathmandu provides a good education especially for children from low-income families in the country.



Soon she made many new friends and also the teachers are impressed by her. Carola Gosch visited her during the project trip. [More...](#)

Kusang Tamang had taken care of everything before...

...and well provided for the girl with everything she needs. [More...](#)



For the first time she visited her home village Thade again...

...and was very happy to see you again! [More...](#)



## My Bookbuddy- A look back: Age-appropriate books encourage reading

Together with Soroptimist Wien Vivata, Carola Gosch is committed to the My Book Buddy project and was supported by club sisters of Soroptimist Kathmandu. [More...](#)



In 2017 the Shree Janabikas Secondary School in Kathmandu will be equipped with children's books and bookcases. [More...](#)



After one year the teachers send their reports. The children had a lot of fun and were able to improve their reading skills.



Parents were also motivated to practice reading. No books were lost, fantasy stories were the most popular. [More...](#)

## Ghunsa – Direct help: An eye operation for more independence

During the [assessment talks with the village of Ghunsa](#), RfL notices a girl

who was born almost blind. As a result, she is not able to follow properly at school and is dependent on help. At a health camp a few years ago, cataracts were diagnosed and operated. However, this only improved her sight a little or, due to a lack of aftercare, the operation was almost ineffective.



Kusang Tamang first took her to the nearby hospital in Paphlu.

But then the operation had to go quickly to prevent further damage and possibly complete blindness.

So we went on to the hospital in Kathmandu, where the operation was carried out successfully!

[More...](#)



There she was examined, but the necessary equipment for the operation was missing. [More...](#)



A little later Carola Gosch also visited her in the school of Ghunsa. The eye was still quite sensitive to light...



...but she could laugh again! :-)

[More...](#)

## Pokhara - Care centre & contact point for girls and women at risk

Our project partner Opportunity Village (OVN) operates a contact point and a care centre in Pokhara. Here endangered and affected girls can receive counselling and support if they are looking for a job or want to get an education.



Three Youth Motivators have been trained. Each of them leads a Peer Support Group with 10 helpers. Together they search for affected women and girls in endangered zones, inform about the OVN and pass on knowledge. [More...](#)

## [Pokhara – Children's home for sexually abused girls](#)

The OVN also runs the Good Shepherd Children's Home. The girls who live here have been [affected by sexual violence, human trafficking and/or child labour](#). Some have [lost or been abandoned by their parents](#). They can stay at Good Shepherd Children's Home until they have completed their education.



The girls continue to improve themselves at school and take part in the intensive sports activities.



A healthy body feeling is particularly important here - especially for therapeutic reasons. [More...](#)



A greenhouse is being planned for the supply of healthy, fresh food. The prices in Pokhara are unfortunately quite high, therefore this was not always easy up to now. First measurements have already been made.

[More...](#)



Working with soil in the garden and planting vegetables also has a therapeutic benefit. And it's fun! :-)

[More...](#)



Carola Gosch visited Taskila Nicholas in Pokhara during her last project trip. [More...](#)

Our initiatives change the lives of these girls sustainably. We thank all our sponsors and supporters who make this possible. Find out more details about our projects on our [webseite!](#)





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All Infos to the new DSGVO [here](#).

**Our mailing address is:**

office@rootsforlife.info

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Roots for Life - Wurzeln zum Leben

c/o Carola Gosch

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