

# Roots for Life



Newsletter September 2019

## Namaste!

**After the monsoon was well survived, the training farm is now very busy. The women are motivated and work hard. And how do Styrian beans thrive in Nepal? You will find the answer in this newsletter!**

Important dates in October

Lush Charity Pot for **Roots for Life**:

3.10. Lush Donauzentrum

14.10. Lush SCS

All proceeds from the sold pots go to RfL. (Less VAT)

Come and see us!

Nepal project trip by Carola Gosch:

16 October to 8 November.

- Great news! The menstruation project in Chyangsar was supported
- In Pokhara, the Styrian beans that Carola Gosch brought as seeds in the spring are now

and financed by the [LUSH Charity Pot](#). Thank you very much! The women learn everything about a healthy, dignified menstruation - including the production of reusable pads.

- We are very happy that the scholarship report is now ready. [Here you can browse through the course of the program.](#)
- The women of the cooperative in Chyangsar and Ghunsa have completed many trainings in the last two months. On the model farm they practice and try out - and then do it at home.

ready to be harvested!

- Lena Kremser, our fundraising responsible, gave a lecture at the Styrian Fire Brigade Museum and raised about 1000€ by selling bowls and receiving donations. Thank you Lena!
- Many thanks to [FairStyria](#) for the reliable, financial support in Chyangsar and to the country of [Vorarlberg](#) for the support of our cooperation project with [Chay Ya Austria](#) and [Chay Ya Nepal](#) in Ghunsa.

Our initiatives change the lives of these people sustainably. We thank all our sponsors and supporters who make this possible. Find out all the details about our projects in this newsletter and on our [website!](#)

Would you also like to support us? Just click [here](#) or transfer directly:

Roots for Life - Roots for Life

"Project name (if specifically requested)

IBAN: AT59 5800 0205 9986 9019

BIC: HYPVAT2B

Hypo Vorarlberg



# Information



## Lush Charity Pot for **Roots for Life**

On 3 October at the Lush branch in the Donauzentrum and on 14 October at the SCS in Vienna, all proceeds from the Charity Pots sold will go to **Roots for Life**.

And we will also be on site to answer questions about our projects - so it's worth coming by and visit. 😊



## Scholarship Report

The first girls at Raksha Nepal received private support from Carola Gosch in 2012 to continue attending school. Since 2013, the scholarship programme has been a central theme of the **Roots for Life** organisation.

The course of the individual scholarship program of the last 3 years can now be seen for the first time in a [report](#).



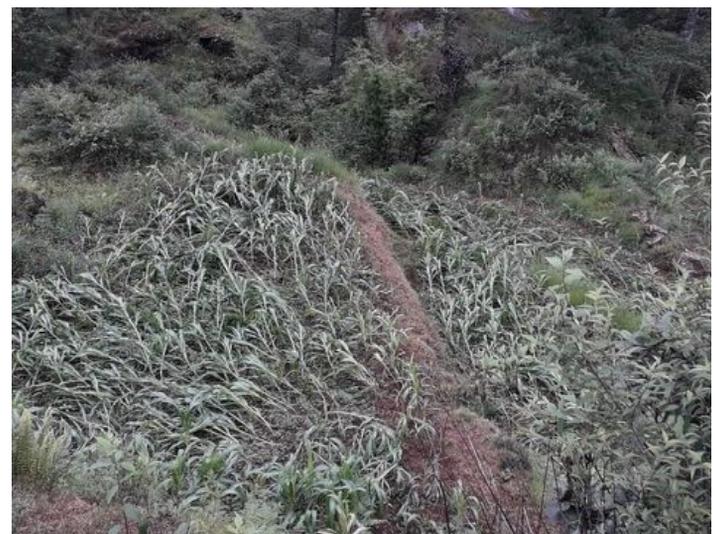
# From the projects

# Village development Ghunsa & Chyangsar



## Working during monsoon

Even during the monsoon, under difficult working conditions, our team in Kathmandu worked together. Roads were flooded, even in the capital the progress was not easy. [More...](#)



## Storm and rain

Our team survived the monsoon well - only the greenhouses in Ghunsa were affected among other things. Storm and rain were again unusually strong this year, also the grain was partly destroyed. [More...](#)



## It shines red!

We are especially happy that the new apple trees survived the rain well! [More...](#)



## After the rules of organic farming

In Chyangsar the women are trained in farm management.



The experts choose a practical approach - learning by doing! This is the best way to learn. [More...](#)



## A lot is new

Every step on the training field is discussed, shown and practiced. It often takes time for confidence in the change to develop and for the results to become visible. [More...](#)



**Tomatoes thanks to**



Legumes are grown here as an

## greenhouses

After the plants from the greenhouses have been exposed to the fields, the space is used for tomatoes.

important source of protein and the area around the farmhouse is also lovingly planted. [More...](#)



## Away with the taboo

In addition to the busy activities on the farm, the training took place on a healthy, hygienic and dignified menstruation in the training hall in Chyangsar. [More...](#)

## Scholarships in [Thade](#), [Chyangsar](#) & [Ghunsa](#)



## Large order

The new scholarship holders in Ghunsa need school uniforms. We hired the tailor locally - so the added value remains in the village!

[More...](#)



## Distribution

Soon after, the uniforms were handed over to the girls.

The girls are very happy that so many godmothers stand behind them so reliably! [More...](#)

For the scholarship holders we need godparents again.  
Take over a sponsorship!  
If you are interested, just send an email to [office@rootsforlife.com](mailto:office@rootsforlife.com)

## Motivation through friends

Our scholarship holder at the Life Vision Academy in Kathmandu had some difficulties with examinations in spring. But motivated by her

new friends, she gave everything she had and achieved good results. Kusang Tamang regularly looks after the girl and also talks to the teachers. [More...](#)



## Children's home & contact point [Pokhara](#)



### **Styrian beans in Nepal**

In spring the seeds were handed over by Carola Gosch, now the vegetables are on the table.



The greenhouse could now be completed despite the monsoon. Besides vegetables there is now the possibility for the girls to do even more gardening. [More...](#)



## Which professions are in demand on the market?

This is what the Opportunity Village Nepal (OVN) has surveyed at the beginning of the mentoring programme and assessed the participants with regard to their abilities and interests. In addition to courses, they also receive start-up assistance, e.g. in the form of a sewing machine. [More...](#)

## Lifeskill-Training

In the mentoring programme, the women also receive special training on self-organisation, communication and positive self-image as well as psychological support. Only then do they get a training place. Carola Gosch was also informed. [More...](#)





## Work against human trafficking

The OVN is always confronted with the problem and draws attention to it through campaigns, posters and events. [More...](#)



## Accomplices

Women in prison also receive health and psychological care. In addition, they are to be prepared for the time after the prison sentence. [More...](#)

## Roots for Life - Inside



## Presentation

On August 8th at 20:00 Lena Kremser gave a lecture about her Nepal journeys with **Roots for Life** in the Styrian Fire Brigade Museum Art & Culture. With the sale of her bowls and through donations, she could earn about 1000 Euro for RfL! Thank you Lena for your commitment! [More...](#)



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Infos on the EU-DSGVO can be viewed [here](#).

**You can reach us at:**

office@rootsforlife.info

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Roots for Life - Wurzeln zum Leben

c/o Carola Gosch

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