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# Roots for Life

Newsletter May 2020

## Namaste!

**Of course, Nepal has not been spared by the coronavirus either. The people in the villages and Kathmandu, as well as our project partners have to struggle with the effects in different ways.**

In this newsletter you will read:

- How many reusable bandages the women of Chyangsar sew.
- What is being built in Ghunsa.
- What the scholarship holders are doing in the lockdown in Kathmandu.
- What has reached us from Pokhara.
- **...and so much more!**

Our initiatives change the lives of these people in a sustainable way. We thank all our sponsors and supporters who make this possible. Find out all the details about our projects in this newsletter and on our [Webseite!](#)

Would you also like to support us? Simply click [here](#) or transfer the money directly:

Roots for Life - Roots for Life

"Project name" (if specifically requested)

IBAN: AT59 5800 0205 9986 9019

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Hypo Vorarlberg



## Information

### Nepal project trip

#### cancelled!

Unfortunately we had to cancel our trip for the time being. We hope that a visit in autumn will be possible again.

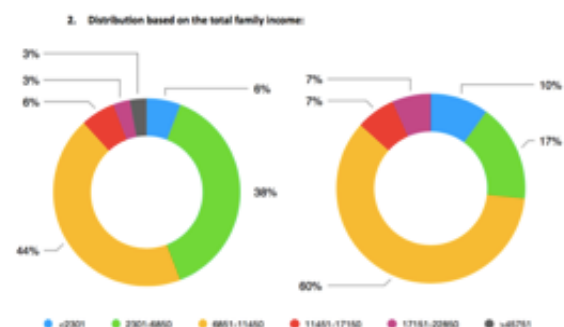


## From the projects

### Village development [Ghunsa](#) & [Chyangsar](#)

#### Further results of the survey

...has been published by the institute we commissioned. Among other things, it analysed the income and [health status](#) of women. [More...](#)





## Menstrual pads for schools

After the women have received their certificates, they set to work.

[More...](#)



Even before the lockdown, they were able to hand over the first reusable sanitary towels to the local government. These will be distributed free of charge to schools in the surrounding area by the municipal representatives after Corona. *We are proud of the women and thank the private donors, especially SI Wien Vivata, who support this project.* [More...](#)

## Cress in Chyangsar

The seeds we brought with us on our last visit are already in use a lot! [More...](#)



## Farm activities in Ghunsa

A lot has already been implemented on the training farm. For example, a water basin was dug out. [More...](#)





## A training hall for Ghunsa

Many helping hands let the house grow fast!



Soon it will be ready, we are looking forward to it. *At this point we would like to thank especially the state of Vorarlberg for supporting the project in Ghunsa. Carola Gosch from Roots for Life, Sabine Klotz from Chay Ya Austria and Santosh Silwal from Chay Ya Nepal proved to be a good team in this cooperation project.* [More...](#)

## Almost 200 apple trees in blossom

We expect a large harvest in autumn. [More...](#)



# Scholarship holders from Kathmandu, Chyangsar & Ghunsa



## Learning and living in lockdown

The scholarship holders in Kathmandu do not let themselves be defeated and simply train Taekwondo at home. [More...](#)



For the Kids Club in Chyangsar, a television screen could be organized in time before the Corona crisis. Now they can improve their language skills with English videos! [More...](#)

## Children's Home in Pokhara

### Experience reports

[Shirisha](#) and [Ehani](#) (name changed) tell their story in a touching report.



They were allowed to grow up in the children's home in Pokhara.



## Roots for Life - Internal



### Lockdown also in Nepal

[Let's get back to work!](#) (Also in the home office) [More...](#)

### Roots for Life on Youtube

Visit our channel, we are happy to receive feedback. [More...](#)



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Information on the new EU-DSGVO can be found [here](#).

We can be reached at:  
[office@rootsforlife.info](mailto:office@rootsforlife.info)

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Roots for Life - Wurzeln zum Leben  
c/o Carola Gosch  
Peterstalstraße 12  
8042 Graz  
Austria

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