

Roots for Life



Newsletter March 2021

Namaste!

Welcome to the Roots for Life Newsletter! Just before the start of spring, we are all about growing fruit and vegetables. Have fun reading! (We also welcome feedback!)



Overview: Organic vegetable farming

Chyangsar

An important goal of [holistic village development](#) is the establishment and certification of an [organic model farm](#). The focus here is on joint learning and trial and error in order to increase the variety and availability of food for the families. These findings, but also the certification, are to be anchored broadly in the village community in the future.

In terms of empowerment, responsibility has been with Chyangsar's women's cooperative "[Sagarmatha Milijuli Sana Kishan Women Cooperative LTD](#)" from the very beginning, which has been consistently built up by Roots for Life together with the Social Work Institute since 2015.

Professional support comes from the [Social Work Institute](#) and [Hasera](#), financial contributions come from [FairStyria](#), the [Networkers for Humanity](#), [Soroptimist International](#) and many private sponsors.

Ghunsa

Analogous to the structure in Chyangsar, a similar structure is also being set up in the village of Ghunsa and organic vegetable cultivation on a model farm is being run by a local group of the women's cooperative.

Professional support comes from the [Social Work Institute](#), [Hasera](#) as well as [Chay-ya Nepal](#), financial contributions come from the province of [Vorarlberg](#), from [Networkers for Humanity](#), [Soroptimist International](#) as well as from [Chay-ya Austria](#) and many private sponsors.

PGS-PROGRAMM

Through the [Participatory Guarantee System used for certification](#), the women in Ghunsa and Chyangsar learn from scratch how to farm organically and thus keep their soils and their families healthy. Learn more about the [Participatory Guarantee System here](#).

Flashback: What happened in the last half year

Women in Chyangsar

[Full of pride](#), the women from the PGS programme in Chyangsar also present their results. [During the regular visits](#), challenges are discussed, next steps are

determined and, above all, the [new vegetable varieties](#) are tested. Get to know one of the [women farmers](#) Bhagwati Magar here.



Chyangsar: apple trees and other crops

The [apple harvest in autumn](#) was a big event for everyone in Chyangsar. Even for the apple trees it is not so easy to cope with the climatic conditions at this altitude. For each child in the village, an [apple package](#) was made from it. And now the first [spring pruning](#) could already be done!



Training farm in Ghunsa

[Trainings](#) are now a familiar situation for the women in Ghunsa. The cooperation and [commitment are becoming more and more intensive](#), and they can now already see the results in their private greenhouses and fields.



Greenhouse in Ghunsa

[Cabbage sprouts](#) from Austrian



organic seeds now complement the menu in Ghunsa. They can even be harvested in January. In the greenhouse, the area is also used for vegetables in winter.

Pest control

In the field, the vegetables are examined and, in the case of pest infestation despite mixed cultivation and beneficial organisms, [the HASERA expert](#) shows how the appropriate biological medicine can be produced. In general, the fields show a great variety in late autumn, which was not imaginable when the project started 2 years ago.



Our initiatives change the lives of these people sustainably. We thank all our sponsors and supporters who make this possible. Find out all the details about our projects in this newsletter and on our [website!](#)

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office@rootsforlife.info

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Roots for Life - Wurzeln zum Leben
c/o Carola Gosch
Peterstalstraße 12
8042 Graz
Austria

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