

Roots for Life



Newsletter June 2021

Welcome to the new Roots for Life newsletter! This time: Individual scholarships for girls. And especially in this newsletter: A video report of the Taekwondo lessons of our scholarship holder Sunita Tamang.

Enjoy reading! (We also appreciate feedback)



Overview: Individual scholarships

Chyangsar, Ghunsa & Kathmandu

Many girls in rural areas are still married off between the ages of 12 and 16 due to the poverty of their families, despite the legal prohibition. Education and training are secondary; the girls are important above all as a labour

Through regular meetings with the parents (especially mothers), teachers and the girls themselves, the living situation of the scholarship holders is closely monitored and important topics are discussed with the family. In this

force. This is the life they often pass on to their daughters. Many women have to make a decision: Do they also send their daughters to school, or do they use the money for food? Only through the parents' understanding of the necessity of education and the possibility of getting it is it possible to break the cycle of poverty and become self-determined.

way, they can be cared for individually.

We are supported in our work by private sponsors. In addition, special scholarships can also be taken on for girls who are particularly at risk. The Soroptimists from Vienna (Vivata), for example, have done this. One girl was able to transfer to a safe public school in Kathmandu.

Pokhara

Our project partner [Opportunity Village](#) runs two facilities in Pokhara.

The **care centre** Good Shepherd Children's Home for children and young people who live on the margins of society. Here they are allowed to live and are looked after until they have completed their school education.

It is also a **place to go**. Since the earthquake in 2015, many girls from the destroyed villages have come to Pokhara in the hope of earning money. Due to a lack of education, prostitution is often their only option. If they come to the contact point of the Opportunity Village Nepal, these girls are supported in finding a more suitable apprenticeship and stabilising themselves professionally. In addition to mentoring and coaching these girls, prevention ambassadors against sexual violence are also trained.

Review: What happened in the last six months

Co-creating in Ghunsa

The girls are encouraged to admit to their needs and talk about their challenges. For specific topics, we organise female experts who can give them important information. [This enables us to supplement the education in school even more significantly.](#)



Taekwondo in Chyangsar and Ghunsa

For our scholarship holders in the villages of Chyangsar and Ghunsa, we had Taekwondo lessons by our scholarship holder Sunita Tamang. [For those who are interested, we have made a short video summary of the training sessions.](#)

Sunita earned [her first own money](#) as a Taekwondo trainer. For us, it was very touching that she used it to buy warm clothes for the whole family and a small piggy bank.

Hand washing and homeschooling

[In the Kids Club, handwashing was practised again to contain the Corona virus.](#) On the model farm in Chyangsar, this is also possible with a washbasin, at home there is often only a hose available.

[During the lockdown, the distance learning also took place at our](#)



scholarship holder's school. Some of the lessons were given by teachers who also stayed in the lockdown and looked after the children in the boarding school.



Also in Meranding..

... all the girls have now been accepted into the scholarship programme. They proudly present their tracksuits. Following the example of the children in Chyangsar and Ghunsa, their school attendance and everything else they need to actively shape their future is now also supported by the sponsors of Roots for Life.



Scholarship Holder of the Month:
Pramila Khadka from Chyangsar

Pramila would like to become a teacher, not only because she wants to teach, but also because she always wants to further her education. She would like it not to be so cold in Solukhumbhu, because she has to work in the fields in the morning and that is very exhausting in winter. Her favourite food is rice and lentils (Dhal Bhat, the Nepalese national dish) because they give her energy for a long time and are very healthy. She is afraid of ghosts, which are usually found in the dark in quiet places.

Her favourite subject at school is Nepali because it is her mother tongue - her favourite is grammar! Her favourite animals are deer because of their beautiful fur colour and because they don't hurt anyone. She would like to thank everyone who supports her.

We thank our sponsors for their support and hope that Pramila can live her dreams.

Many, many thanks for the quick support of our Pandemic Relief campaign together with Chay-Ya Austria. The donated funds could already be used for immediate help in the villages and health stations on site. Unfortunately, the pandemic has now also reached our villages and we are planning to actively support the local leaders.

We still need your support at: <http://paypal.me/Rootsforlife21> or AT04 5800 0205 9987 3016.



Our initiatives make a lasting difference in the lives of these people. We thank

all our sponsors and supporters who make this possible. Find out all the details from our projects in this newsletter and on our website!

Would you also like to support us? Just click here or transfer money directly:

Roots for Life

"Project name" (if specifically requested).

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Hypo Vorarlberg



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Informationen zur neuen EU-DSGVO können [hier](#) eingesehen werden.

Wir sind erreichbar unter:

office@rootsforlife.info

Sie wollen nicht mehr über die Arbeit von Roots for Life informiert werden?

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c/o Carola Gosch
Peterstalstraße 12
8042 Graz
Austria

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